

Menu Cycle Week – Nutrient Analysis

Generated on: 4/25/2025 2:06:46 PM by Sally Cowden

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
(2) MEXICAN PIZZA / CHICKEN PATTY / CORN / FF / MON 7-12 - Day: 1	127																		
Category: Entrees; May Choose: 1																			
2025 A MEXICAN PIZZA 72/5.44 OZ TONY'S 68523 USF 7220730 - LR100739 (1 ea.)	43	360.00	14.00	6.00	0.00	25.00	710.00	43.00	4.00	8.00	3.00	17.00	3.10	241.00	91.00	0.00	0.00	472.82	(M)
2025 CHICKEN PATTY BREADED SANDWICH 60/3.63 OZ TYSON 23797 GFS 509728-HS - LR100609 (1 ea.)	64	390.00	15.00	3.00	0.00	45.00	770.00	39.00	3.00	4.00	4.00	23.00	4.00	72.00	0.00(M)	0.00(M)	1.20	375.00	(M)
2025 CHICKEN PATTY SPICY BREADED 150/3.49 OZ TYSON 33901 GFS 327080-HS - LR100744 (1 ea.)	20	380.00	15.00	2.50	0.00	20.00	630.00	41.00	4.00	5.00	5.00	19.00	4.00	84.00	0.00(M)	0.00(M)	1.30	794.83	(M)
Category: Vegetables; May Choose: 2																			
2025 A CORN W/BUTTER - LR100153 (1/2 c.)	27	87.02	3.17	0.88	0.00	0.00	22.61	16.09	2.01	3.02	0.00(M)	2.01	0.00(M)	0.00(M)	147.27 (M)	0.00(M)	0.00(M)	0.00(M)	(M)
2025 A FRENCH FRIES McCain, MCX40 6/5 LB BAGS GFS 510043 SMART SNACK NO KETCHUP - LR100954 (1/2 c.)	127	76.24	2.29	0.00	0.00	0.00	15.25	13.72	0.76	0.00	0.00	0.76	0.00	0.00	0.00	0.00	0.00	205.85	(M)
Category: Fruits; May Choose: 2																			
2025 A APPLE SLICES 100/2 OZ PETERSON 203102 GFS 473131 - LR100946 (1 pkg.)	17	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	0.00	0.00	0.00	39.00	0.00	0.00	(M)
2025 A BANANAS STAGE 3-5 GFS 201006 - LR101041 (1 ea.)	5	110.00	0.00	0.00	0.00	0.00	1.00	27.00	3.00	14.00	0.00	1.00	0.31	5.90	75.50	10.27	0.00	422.06	(M)
2025 CLEMENTINES 2 ORANGES = 3/4 C FRUIT USF 9433559 - LR100650 (2 ea.)	16	70.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	14.00	(M)	0.00	0.36	40.00	0.00	48.00	(M)	(M)	(M)
PINEAPPLE TIDBITS UNSWEETEND JUICE #10 CAN 6/CS RESH 6/CASE LIMSON TRADING 189979 GFS 189979 - LR101059 (2/3 c.)	15	79.60	0.00	0.00	0.00	0.00	0.00	19.90	0.99	16.91	0.00	0.00	0.40	6.96	0.00	0.00	0.00	83.71	(M)
Category: Milk; May Choose: 1																			
2025 MILK HS LUNCH CHOCOLATE FF & WHITE 1% VARIETY - LR100985 (1 cup servin)	127	122.91	0.59	0.35	0.00	2.36	121.18	21.16	0.00	19.64	7.64	8.00	0.00	300.00	500.00	0.57	5.00	411.89	(M)

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Category: Condiments; May Choose: 7																			
2024 LETTUCE ROMAINE CHOPPED MONTEVERDES 06999 - LR100714 (1 c.)	12	28.54	0.50	0.07	0.00	0.00	13.43	5.52	3.53	2.00	(M)	2.06	1.63	55.39	14620.3 6	6.71	(M)	(M)	158.81
2024 TOMATOES MONTEVERDES 02583 - LR100652 (2 slice)	5	11.67	0.17	0.00	0.00	0.00	0.00	2.33	0.33	1.33	(M)	0.33	0.12	6.67	333.38	0.40	(M)	(M)	(M)
2025 A KETCHUP POUCH 6/7 POUND BAGGS USF 1000322 - LR101073 (1 fl. oz.)	38	40.00	0.00	0.00	0.00	0.00	340.00	10.00	0.00	8.00	6.00	0.00	0.00	0.00	200.00	2.40	0.00	0.00	(M)
2025 A MAYO HELLMANN'S SS 210/.38 OZ USF 8656480 - LR101091 (1 ea.)	7	70.00	8.00	1.50	0.00	5.00	70.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)
2025 A MUSTARD PACKETS 200/.20 OZ USF 3009222 - LR100704 (2 packet)	1	0.00	0.00	0.00	0.00	0.00	130.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)
2025 PICKLE CHIPS DILL 1/5 GALLON BRICKMANS 301846 GFS 580511 - LR101081 (1 ounces)	25	0.00	0.00	0.00	0.00	0.00	260.00	0.00	0.00	0.00	0.00	0.00	0.00	20.00	0.00	0.00	0.00	0.00	(M)
2025 RANCH DRESSING GORDON 1938609 GFS 699981 .5 OZ (12 G) - LR100708 (1 packet)	30	30.00	2.50	0.00	0.00	5.00	50.00	2.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
(2) BREAKFAST FOR LUNCH / BCARROTS / TUES 7-12 - Day: 2	123																		
Category: Breakfast; May Choose: 2																			
2025 A FRENCH TOAST 144/2.9 OZ WG PAPETTS 75014 GFS 646262 - LR100828 (1 slice)	123	210.00	8.00	2.00	0.00	110.00	290.00	26.00	2.00	11.00	10.00	8.00	1.00	59.00	0.00	0.00	1.00	117.00	(M)
2025 A SAUSAGE LINKS BREAKFAST 160/1 OZ LOWER SODIUM 2 EA = 1 MMA JONES 18514 GFS 278201 - LR100766 (2 ea.)	123	240.00	24.00	8.00	0.00	40.00	180.00	0.00	0.00	0.00	0.00	8.00	0.72	0.00	0.00	0.00	0.00	0.00	(M)
Category: Vegetables; May Choose: 2																			
2024 A BABY CARROTS BULK CROSS VALLEY 44955 GFS 768146 USF 6342026 - LR100798 (1/2 c.)	5	29.08	0.00	0.00	0.00	0.00	58.15	6.79	1.94	4.85	0.00	0.97	0.00	0.00	0.00	0.00	0.00	0.00	(M)

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2025 A TATOR TRIANGLES GORDON 151855 GFS 518557 - LR101007 (1 ea.)	123	90.00	6.00	1.00	0.00	0.00	250.00	11.00	1.00	0.00	0.00	1.00	0.20	10.00	0.00	0.00	0.00	160.00	(M)
Category: Fruits; May Choose: 2																			
2025 A BANANAS STAGE 3-5 GFS 201006 - LR101041 (1 ea.)	28	110.00	0.00	0.00	0.00	0.00	1.00	27.00	3.00	14.00	0.00	1.00	0.31	5.90	75.50	10.27	0.00	422.06	(M)
2025 A MANDARIN ORANGES IN PEAR JUICE CANNED 22/1.2 CUP BLACKHIVE 90046 USF 9680012 - LR101046 (1/2 c.)	13	90.00	0.00	0.00	0.00	0.00	10.00	20.00	0.00	19.00	17.00	1.00	1.00	26.00	0.00	0.00	0.00	115.00	(M)
2025 APPLESAUCE CANNED UNSWEETENED 511996 / 711616 - LR101084 (1/2 c.)	17	50.00	0.00	0.00	0.00	0.00	10.00	13.00	2.00	9.00	9.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	(M)
2025 BAKED APPLES - LISA SMART SNACK - LR100975 (1/2 c.)	3	60.83	0.00	0.00	0.00	0.00	9.17	15.00	0.92	12.25	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
2025 JUICE HS LUNCH VARIETY - LR100092 (4 fl. oz.)	49	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.54	12.83	0.00	0.08	0.10	8.00	0.00	60.00	0.00	158.88	(M)
Category: Milk; May Choose: 1																			
2025 MILK HS LUNCH CHOCOLATE FF & WHITE 1% VARIETY - LR100985 (1 cup servin)	123	122.91	0.59	0.35	0.00	2.36	121.18	21.16	0.00	19.64	7.64	8.00	0.00	300.00	500.00	0.57	5.00	411.89	(M)
Category: Condiments; May Choose: 2																			
2025 A KETCHUP POUCH 6/7 POUND BAGGS USF 1000322 - LR101073 (1 fl. oz.)	35	40.00	0.00	0.00	0.00	0.00	340.00	10.00	0.00	8.00	6.00	0.00	0.00	0.00	200.00	2.40	0.00	0.00	(M)
2025 A SYRUP SS CUP 200/1.5 OZ GORDON 160096 GFS 160090 NOT SS - LR100044 (1 serv.)	48	120.00	0.00	0.00	0.00	0.00	20.00	30.00	0.00	22.00	22.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)
(2) BBQ PULLED PORK S / POTSTICKERS / RICE / BROCCOLI / CARROTS / WED / 7-12 - Day: 3	116																		
Category: Entrees; May Choose: 1																			
2024 BBQ PULLED PORK SANDWICH - LR100067 (1 ea.)	37	287.14	7.71	2.29	0.00	41.14	643.42	34.23	2.00	11.77	11.31	18.57	3.23	65.43	0.00(M)	0.00(M)	1.20	415.00	(M)
2024 POT STICKERS W/TERIYAKI SAUCE - LR101024 (3 ea.)	79	135.00	3.50	0.00	0.00	12.50	530.00	19.50	1.00	7.00	4.50	6.50	1.10	12.85	0.00	0.00	0.00	103.40	(M)

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Category: Grains; May Choose: 2																			
Egg Roll, Chicken, 51% Whole Grain, 3.0 oz., Minh, Schwan's, 69187, 1MMA, 1WGR, 1/4Veg-O - SR110671 (1 egg roll)	79	160.00	5.00	1.00	0.00	35.00	390.00	19.00	3.00	2.00	1.00	10.00	1.60	40.00	50.00	7.00	0.00	390.00	(M)
FRIED RICE - LR101030 (3 oz.)	79	223.75	4.79	1.44	0.00	43.77	465.62	39.43	1.38	11.32	10.38 (M)	4.78	1.06(M)	14.70 (M)	241.73 (M)	0.94(M)	0.23(M)	92.51 (M)	92.15 (M)
Category: Vegetables; May Choose: 2																			
2025 BROCCOLI W/BUTTER - LR100074 (1/2 c.)	36	33.74	1.70	0.69	0.00	0.00	32.47	3.52	2.11	0.70	0.00(M)	2.11	0.00(M)	0.00(M)	115.71 (M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
2025 CARROTS W/BUTTER OLD #110480 NEW # 501045 / 111052 - LR100576 (1/2 c.)	6	55.90	2.41	0.98	0.00	0.00	78.24	7.56	2.52	3.78	0.00	0.00	0.00	0.00	164.19	0.00	0.00	0.00	(M)
Category: Fruits; May Choose: 2																			
2025 CLEMENTINES 2 ORANGES = 3/4 C FRUIT USF 9433559 - LR100650 (2 ea.)	16	70.00	0.00	0.00	0.00	0.00	0.00	18.00	3.00	14.00	(M)	0.00	0.36	40.00	0.00	48.00	(M)	(M)	(M)
2025 PEACHES DICED EX LT CAN USDA 500134 / 100220 - LR101035 (1/2 c.)	11	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	13.00	0.00	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
2025 PEARS DICED EX LT SYRUP 500152 / 100225 - LR101040 (1/2 c.)	2	60.00	0.00	0.00	0.00	0.00	5.00	16.00	2.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	79.90	(M)
2025 SIDEKICKS BLUE RASBERRY/LEMONFROZEN CUP 84/4.4 OZ RIDGEFIELDS 2009 USF 6618078 - LR101027 (1 ea.)	25	90.00	0.00	0.00	0.00	0.00	20.00	23.00	0.00	21.00	0.00	0.00	1.40	90.00	180.00	60.00	0.00	80.00	(M)
2025 SIDEKICKS KIWI-STRAWBERRY FROZEN CUP 84/4.4 oz RIDGEFIELDS 2014 USF 2868222 - LR101026 (1 ea.)	15	90.00	0.00	0.00	0.00	0.00	20.00	23.00	0.00	21.00	0.00	0.00	1.40	90.00	1000.00	60.00	0.00	80.00	(M)
2025 SIDEKICKS SOUR CHERRY/LEMON FROZEN CUP 84/4.4 OZ RIDGEFIELDS 2016 USF 9561309 - LR101025 (1 ea.)	20	90.00	0.00	0.00	0.00	0.00	20.00	23.00	0.00	21.00	0.00	0.00	1.40	90.00	180.00	60.00	0.00	79.90	(M)
Category: Milk; May Choose: 1																			

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2025 MILK HS LUNCH CHOCOLATE FF & WHITE 1% VARIETY - LR100985 (1 cup servin)	116	122.91	0.59	0.35	0.00	2.36	121.18	21.16	0.00	19.64	7.64	8.00	0.00	300.00	500.00	0.57	5.00	411.89	(M)
(2) CHEESEBURGER / CHICKEN FRIES / OR / MPOTATOES / R&B / BB / THURS /7-12 - Day: 4	125																		
Category: Entrees; May Choose: 1																			
2025 A CHICKEN FRIES TYSON 4/7.87 LB BAGS 167 SERVINGS PER CONTAINER TYSON 10703670928 GFS 463653 - LR100720 (8 pcs.)	91	262.86	14.86	2.86	0.00	22.86	388.57	16.00	2.29	1.14	0.00	14.86	2.29	36.57	0.00	0.00	0.00	731.43	(M)
2025 CHEESEBURGER WITH BUN - HS - LR100593 (1 ea.)	34	377.00	18.50	7.50	1.00	66.50	468.00	27.00	2.00	4.50	4.00(M)	23.50	2.00(M)	54.00 (M)	0.00(M)	0.00(M)	1.20(M)	95.00 (M)	(M)
Category: Grains; May Choose: 1																			
2025 A ROLL & BUTTER SMART SNACK - LR100333 (1 serv.)	42	100.00	3.50	0.50	0.00	0.00	180.00	20.00	1.00	1.00	1.00	3.00	0.10	30.00	61.00	0.00	0.00	47.94	(M)
Category: Vegetables; May Choose: 2																			
2025 BEANS BAKED VEG LOW SODIUM CANNED USDA 500032 / 100364 - LR100258 (1/2 c.)	9	180.87	1.13	0.00	0.00	0.00	158.26	32.78	5.65	7.91	0.00	5.65	0.00	0.00	0.00	0.00	0.00	0.00	(M)
2025 ONION RINGS WG 6/5LB BAGS TASTY BRANDS 33504 GFS 234061 - LR100221 (6 ea.)	34	240.00	9.60	1.80	0.00	0.00	240.00	33.60	3.60	6.00	0.00	3.60	1.30	120.00	0.00	2.88	0.00	0.00	(M)
2025 POTATOES MASHED 1/2 CUP WITH 1/4 CUP CHICKEN GRAVY SMART SNACK - LR100223 (1 serv.)	91	95.01	0.09	0.00	0.00	0.43	29.51	20.96	2.04	0.09(M)	0.00(M)	2.13	0.31	14.98	0.00	0.00	0.00(M)	339.90 (M)	129.83 (M)
Category: Fruits; May Choose: 2																			
2025 APPLESAUCE CANNED UNSWEETENED 511996 / 711616 - LR101084 (1/2 c.)	7	50.00	0.00	0.00	0.00	0.00	10.00	13.00	2.00	9.00	9.00	0.00	0.00	0.00	0.00	0.00	0.00	115.15	(M)
2025 JUICE HS LUNCH VARIETY - LR100092 (4 fl. oz.)	47	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.54	12.83	0.00	0.08	0.10	8.00	0.00	60.00	0.00	158.88	(M)
2025 PEACHES DICED EX LT CAN USDA 500134 / 100220 - LR101035 (1/2 c.)	4	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	13.00	0.00	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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2025 PEARS DICED EX LT SYRUP 500152 / 100225 - LR101040 (1/2 c.)	3	60.00	0.00	0.00	0.00	0.00	5.00	16.00	2.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	79.90	(M)
PINEAPPLE TIDBITS UNSWEETEND JUICE #10 CAN 6/CS RESH 6/CASE LIMSON TRADING 189979 GFS 189979 - LR101059 (2/3 c.)	2	79.60	0.00	0.00	0.00	0.00	0.00	19.90	0.99	16.91	0.00	0.00	0.40	6.96	0.00	0.00	0.00	83.71	(M)
Category: Milk; May Choose: 1																			
2025 MILK HS LUNCH CHOCOLATE FF & WHITE 1% VARIETY - LR100985 (1 cup servin)	125	122.91	0.59	0.35	0.00	2.36	121.18	21.16	0.00	19.64	7.64	8.00	0.00	300.00	500.00	0.57	5.00	411.89	(M)
Category: Condiments; May Choose: 4																			
2024 LETTUCE ROMAINE CHOPPED MONTEVERDES 06999 - LR100714 (1/2 oz.)	12	8.61	0.15	0.02	0.00	0.00	4.05	1.67	1.06	0.60	(M)	0.62	0.49	16.71	4409.44	2.02	(M)	(M)	47.90
2024 TOMATOES MONTEVERDES 02583 - LR100652 (2 slice)	5	11.67	0.17	0.00	0.00	0.00	0.00	2.33	0.33	1.33	(M)	0.33	0.12	6.67	333.38	0.40	(M)	(M)	(M)
2025 A KETCHUP POUCH 6/7 POUND BAGGS USF 1000322 - LR101073 (1 fl. oz.)	36	40.00	0.00	0.00	0.00	0.00	340.00	10.00	0.00	8.00	6.00	0.00	0.00	0.00	200.00	2.40	0.00	0.00	(M)
2025 A MAYO HELLMANN'S SS 210/.38 OZ USF 8656480 - LR101091 (1 ea.)	10	70.00	8.00	1.50	0.00	5.00	70.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)
2025 A MUSTARD PACKETS 200/.20 OZ USF 3009222 - LR100704 (1 packet)	7	0.00	0.00	0.00	0.00	0.00	65.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)
2025 A RANCH DRESSING HOMEMADE - LR100838 (1 oz.)	31	104.61	10.98	2.06	0.00	10.46	482.09	1.72	0.00	0.74	0.00	0.49	0.20	25.48	76.92	0.00	0.31(M)	26.03 (M)	0.00(M)
2025 PICKLE CHIPS DILL 1/5 GALLON BRICKMANS 301846 GFS 580511 - LR101081 (1 ounces)	22	0.00	0.00	0.00	0.00	0.00	260.00	0.00	0.00	0.00	0.00	0.00	0.00	20.00	0.00	0.00	0.00	0.00	(M)
(2) GRILLED CHICKEN BACON SAND / PALATA W/MEAT SAUCE / SALAD / GB / FRI / 7-12 - Day: 5	97																		
Category: Entrees; May Choose: 1																			
2024 PASTA AND MEAT SAUCE - LR100340 (1 serv.)	21	353.26	14.28	5.09	2.05	58.20	884.87	35.28	5.62	8.80	0.41(M)	23.04	2.05(M)	59.88 (M)	0.00(M)	0.00(M)	0.00(M)	763.97 (M)	236.56 (M)

Menu Cycle Week – Nutrient Analysis

Generated on: 4/25/2025 2:06:46 PM by Sally Cowden

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calciu m (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
2025 GRILLED CHICKEN BACON SANDWICH 3 OZ TYSON 0928 USF 9978131 - LR100869 (1 ea.)	76	316.67	8.50	1.83	0.00	66.67	836.67	27.00	2.00	4.00	4.00	31.67	3.12	67.00	0.00(M)	0.00(M)	1.20	345.04	(M)
Category: Vegetables; May Choose: 2																			
2024 SALAD LETTUCE DRESSED 100 SERVINGS - LR100636 (1 1/2 c.)	23	191.33	14.97	2.10	0.00	0.00	232.84	12.89	5.97	4.73	0.00(M)	3.81	2.65	97.50	22316.7 9	20.74	0.00(M)	268.97 (M)	277.16 (M)
2025 A GREEN BEANS CANNED W/BUTTER 100351 - LR100760 (1/2 c.)	22	80.07	2.05	0.84	0.00	0.00	364.59	14.75	2.46	7.37	0.00	2.46	0.00	71.28	139.65	0.00	0.00	172.05	(M)
Category: Fruits; May Choose: 2																			
2025 A APPLE CRISPS STRAWBERRY 125/.34 OZ TREETOP 5260 USF 7449870 - LR100895 (1 bag (0.34)	6	40.00	0.00	0.00	0.00	0.00	0.00	10.00	2.00	6.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)
2025 A APPLE SLICES 100/2 OZ PETERSON 203102 GFS 473131 - LR100946 (1 pkg.)	18	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	0.00	0.00	0.00	39.00	0.00	0.00	(M)
2025 A CRAISINS WATERMELON 200/1.16 OZ OCEAN SPRAY 22044 USF 7587492 - LR101086 (1 Pouch)	8	110.00	0.00	0.00	0.00	(M)	0.00	27.00	2.00	24.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
2025 APPLES FRESH - LR100082 (1 ea.)	3	95.00	0.31	0.06	0.00	0.00	2.00	25.13	4.40	0.00(M)	(M)	0.47	0.22	10.99	98.01	8.41	0.00(M)	0.00(M)	0.00(M)
2025 ORANGES SEASHORE 113 CT 35 LB CS - LR100997 (1/2 c.)	10	42.30	0.11	0.01	0.00	0.00	0.00	10.57	2.16	8.41	(M)	0.85	0.09	36.00	202.50	47.88	0.00	162.90	78.08
Category: Milk; May Choose: 1																			
2025 MILK HS LUNCH CHOCOLATE FF & WHITE 1% VARIETY - LR100985 (1 cup servin)	97	122.91	0.59	0.35	0.00	2.36	121.18	21.16	0.00	19.64	7.64	8.00	0.00	300.00	500.00	0.57	5.00	411.89	(M)